

Personal lessons

Written by Administrator
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Would you like to train with the karate World Champion ?

Would you like to know the training methods of Luca Valdesi and analyze all steps of your Kata ?

NOW IT'S POSSIBLE

Individual lessons with Luca Valdesi are the best way to improve your Kata, learn the most advanced training methods and optimize the training time

You will train closely with Luca Valdesi be followed and encouraged at all stages, for a total understanding of the technical movements.

With just a few sessions you will learn new training methods and will be able to reproduce and train yourself as the champion of the world

[For further information](#) [send an email](#) [to Luca Valdesi](#)